

# The State of API Security and Management



Application programming interfaces (APIs) drive new app experiences — from tracking health data to personalizing online gaming. They also fuel countless business advantages: customer analytics, SaaS integrations, generative AI capabilities, and more.

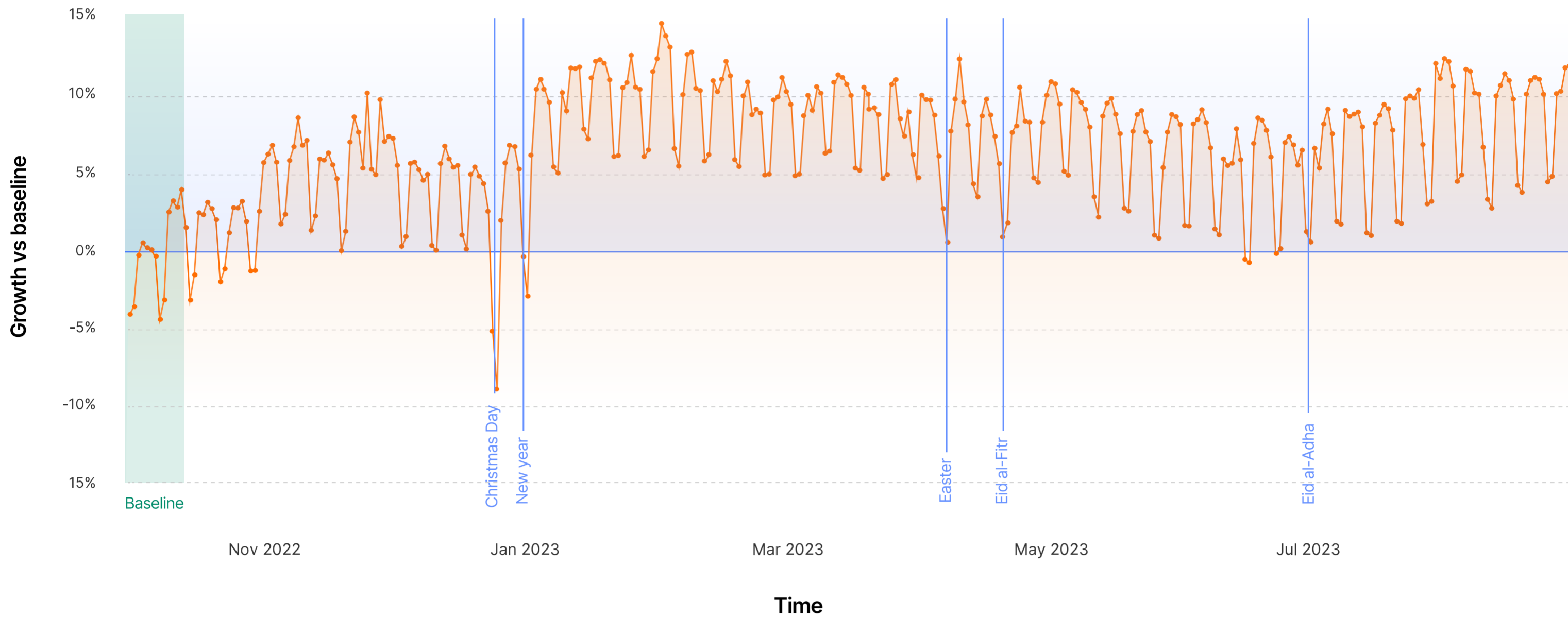
At the same time, APIs are complex to manage and constantly under attack. Take a look at security and management trends in API traffic — which now comprises **more than half (57%) of all dynamic Internet traffic\***.

## 30.7%

Nearly 31% more API REST endpoints were discovered through machine learning than through customer-provided session identifiers

## An API-centric world

As a whole, total API traffic throughout the world grew steadily throughout 2023.



### Top 10 industries with the highest share of API traffic out of their overall web traffic:

- IoT Community Platforms
- Rail, Bus & Taxi
- Legal Services
- Multimedia, Games & Graphic Software
- Logistics, Supply Chain & Transportation
- Consumer Electronics
- Financial Software
- Security and Investigations
- Banking, Financial Services & Insurance
- Medical Devices

## Unprotected APIs

Organizations that lack a comprehensive API inventory risk having ‘shadow APIs’ — essentially hidden attack surfaces:

## 59.2%

Providing API ‘write’ access to the wrong person can lead to security risks. Many (59.2%) organizations permit ‘write’ access (the ability to push updates) to at least half of their APIs.

## 15,000+

More than 15,000 accounts using Cloudflare had API endpoints discovered through machine learning methods only

## Common API vulnerabilities

Market demand for API security and management has skyrocketed in parallel to the growth of API traffic, errors, and attacks.



### #1 threat toward APIs

**HTTP anomalies** — the most frequent threat toward APIs — are common signals of malicious API requests.



### #1 API traffic error

More than half (51.6%) of traffic errors from API origins comprised ‘429’ error codes: “Too Many Requests.”



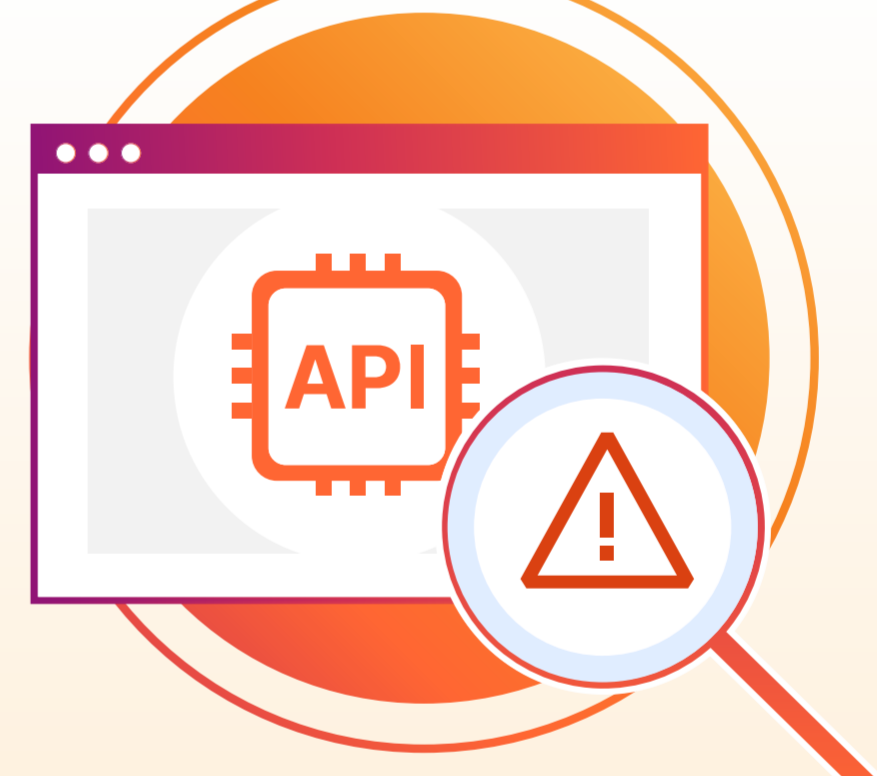
### #1 mitigation method

One-third of API mitigations comprised blocking Distributed Denial of Service (DDoS) attacks

## The challenge of protecting APIs vs. web apps



vs.



### A web application



Is **visible** to the end user



Is **accessed by end users** through a web browser



**Visualizes data** from the backend (using HTML, CSS, and JavaScript) with varied user interactions.



Is typically protected through a “**negative security**” model that blocks known malicious traffic.

### An API



Is **invisible** to the app user



Lets **systems and apps** exchange data



**Transports data** by accessing servers and applications using a defined format (most commonly RESTful JSON, gRPC, XML, GraphQL).



Is more effectively protected through a “**positive security**” model that only allows validated, authenticated traffic.

## 3 key ways to defend APIs



### Move toward a “positive security” model vs. “negative security”

In a positive security model, you only accept “known good” API traffic (as defined by API schemas). This is more effective than negative security, which focuses only on restricting “known bad” API traffic.



### Apply machine learning to free up resources and reduce costs

Machine learning can uncover all API traffic (including attack variations), differentiate between legitimate traffic spikes vs. malicious bot traffic, and manage other resource-intensive API management tasks.



### Unify app development, visibility, performance, and security

A connectivity cloud — which enables any-to-any connectivity between networks, clouds, apps, and users — provides critical connective tissue between app development and API defense-in-depth services.